

Teething



Teeth usually start coming in when babies are 6-12 months old. Teething is normal and harmless. Here are some ways to help your child feel better.

Know the signs

A tooth might be on its way if your baby:

- Acts fussy
- Drools
- Wants to chew on hard things
- Has red or puffy gums

Use a little pressure

- Try massaging your baby's gums with your finger or knuckle (wash hands first!)
- Offer a clean plastic or rubber teething toy (not necklaces or bracelets) for your baby to chew on



Keep things cool

- Let your baby chew on a damp washcloth that has been twisted and chilled
- Avoid teething rings that are frozen; they're too hard for your baby's mouth

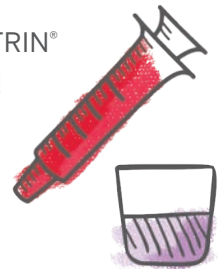


Avoid rub-on teething gels or liquids that have benzocaine, which can cause dangerous side effects in young children

Try a pain reliever

Choose a medicine like Infants' TYLENOL® or Infants' MOTRIN®

- Infants' TYLENOL® is the #1 pediatrician-recommended brand of pain reliever for teething pain
- Infants' MOTRIN® can be used for babies older than 6 months and lasts up to 8 hours



When to expect baby teeth

Baby teeth usually appear in the order you see here, but every child is different. By age 3, most kids have a full set of 20 teeth.

